# WARRINGTON SWIMMING and WATER POLO CLUB



Founded 1879

## NEW MEMBERS HANDBOOK

2024

#### Contents

	Page
Mission Statement	1
Club Sessions	
	1
Swimming Water Polo	1
water Polo	'
Session Arrangements	
Swimming Lessons	2
Water Polo Sessions	2
Club Membership and Other Fees	
Club Membership Fees 2024	3
Swim England Registration	3
Club Session Fees 2024	3
SwimMark Accreditation	4
Member's Insurance	4
Club Policies	
Child Protection Policy	4
Programme of Events	5
Club Committee 2024	7
Volunteers	7
Website	7
Affiliated Organisations	8
Contact Details	8

#### **CLUB AFFILIATIONS**

#### The club is affiliated to the following organisations

- Swim England (Amateur Swimming Association)
- Swim England North West Region
- Cheshire County Water Polo and Swimming Association
- CLMBD Association
- M6 Water Polo League
- Merseyside and District Swimming League
- Northern Water Polo League

#### **CONTACT DETAILS**

Chairman

Mrs M Appleby 07864 629920

chair@warringtonsc.co.uk

**Vice Chairman** 

Mr N Musgrove 07897 402641

vicechair@warringtonsc.co.uk

Secretary

Mrs M Appleby 07864 629920

secretary@warringtonsc.co.uk

**Welfare Officer** 

Mrs N McClellan welfareofficer@warringtonsc.co.uk

#### **Swimming Pool Telephone Numbers**

Great Sankey Leisure Centre	01925 724411
Orford Jubilee Park	01925 572504
Lymm Leisure Centre	01925 758316
Woolston Leisure Centre	01925 813939

## WARRINGTON SWIMMING and WATER POLO CLUB Founded 1879

#### MISSION STATEMENT

## Providing opportunities to develop aquatic skills in swimming and water polo for every member to reach their full potential

#### **About The Club**

Warrington Swimming and Water Polo Club was founded over 140 years ago and continues to be involved in teaching, developing and entering swimming and water polo competitions and championships since its formation. As one of the oldest sports clubs in Warrington, it has a long tradition and considerable experience of introducing and nurturing individual and team talents to allow an individual to achieve their full potential by being involved in a sport for both personal pleasure and competition

#### **Club Sessions**

The club training and coaching sessions for both swimming and water polo are open to all members of the club. The session activities are normally divided into groups according to ability and performance. However because of the competition structure for water polo the teaching and training sessions are divided according to age.

#### **SWIMMING**

Sunday	8.00 am – 9.00 am	Orford Jubilee Park
Tuesday	7:00 pm—8.00pm	<b>Great Sankey</b>
Wednesday	7.00 pm – 8.30 pm	Orford
Friday	7.00 pm – 8.30 pm	Woolston

	WATER POLO			
Monday	Session 1	6.45 pm – 8.30 pm	Lymm Leisure Centre	
Weds Weds Weds	Session 1 Session 2 Seniors	8.00 pm – 9.30 pm	Orford Jubilee Park Orford Jubilee Park Orford Jubilee Park	
•	Session 1 Session 2	4.00 pm – 5.00 pm 4.30 pm – 6.00 pm	Orford Jubilee Park Orford Jubilee Park	

#### **SESSION ARRANGEMENTS**

#### **Swimming Lessons**

Swimming lessons for individuals wishing to learn to swim are offered in the teaching pool during the Sunday morning session. The lessons follow the Swim England National Plan for Teaching Swimming. Progression from this group is to the skill development group and eventually to the competition group who swim in the main loog

#### **Swimming Sessions**

Swimming sessions are made available to suit personal needs and competency levels as individuals develop their swimming abilities to progress through several stages of skills development to reach a degree of competition that meets their aspirations and long term goals.

Training and coaching sessions take place to support competitions and championships that take place in age groups. The age group of events are usually:

12 years of age and under

14 years of age and under

16 years of age and under

Open age

Masters swimming starts at 18 years of age and above

Although a child can join the club and be involved in the swimming programme at any age the minimum age that a swimmer can compete is 9 years of age.

#### Water Polo Sessions

In addition to the swimming sessions available in the club each child can play water polo at the level that is right for their age, experience and ability. The better the swimming and ball handling skills achieved the higher the level of competition that can be experienced ranging from a local area level to International level.

Beginners of both sexes are welcome at any age from 9 upwards as teams are mixed up to 16 years of age. There are coaches and older players to show the basic skills, which are supported by team play with friendly and competitive matches to suit all levels. The club has a variety of age groups for competitions which includes

Mini polo for under 13 years of age

Academy polo for under 15 years of age

Youth polo for under 17 years of age.

Junior polo for players under 19 years of age

Senior polo for players older than 14 years of age

#### **CLUB COMMITTEE 2024**

Chairman Vice Chairman Treasurer Club Secretary Water Polo Secretary Membership Secretary **Event Manager** Welfare Officer Chief Swimming Coach Chief Water Polo Coach Workforce Co-ordinator Media and Publicity Elected Member

Mrs Maureen Appleby Mrs Neil Musarove Mrs Sam Morris Mrs Maureen Appleby Mr Ian Musgrove Mrs Chantelle Taylor Ms Jodie Thompson Mr Kevin Connolly Mr David Smithson Ms Jodie Thompson Vacant Mrs Anne White

chair@warringtonsc.co.uk vicechair@warringtonsc.co.uk treasurer@warringtonsc.co.uk secretary@warringtonsc.co.uk polosecretary@warringtonsc.co.uk membership@warringtonsc.co.uk events@warringtonsc.co.uk Mrs Nichola McClellan welfareofficer@warringtonsc.co.uk swimmingcoach@warringtonsc.co.uk waterpolocoach@warringtonsc.co.uk workforce@warringtonsc.co.uk media@warringtonsc.co.uk

#### Volunteers

The club is run entirely on a voluntary basis and the more volunteers the club has involved with its activities the easier it is to run the club.

The Workforce Co-ordinator will provide guidance to any person who wishes to become a volunteer for the club. Volunteers are required to help on poolside, with administration, fundraising, and the organising of social events. If you wish to become a volunteer just complete the details on your member profile.

The Warrington Swimming and Water Polo Club provides training and career development opportunities for its entire volunteer members equal to a level that each volunteer member may wish to attain.

#### **Web Site**

The website contains news, calendar of events and lots of FAQ's. Further information regarding all club policies on Equity, Child and Vulnerable Adult Safeguarding, Disability Swimming, the Code of Conduct for Club Officials and Volunteers, the Warrington Borough Council policy for video and photography in swimming pools along with swimming and water polo competition dates and many other official documents are given on the club web site at

www.warringtonsc.co.uk

#### **Manchester and District Swimming Championship**

TBC

Saturday TBC / Sunday TBC Sept/ Oct Venue

Merseyside Junior Swimming League

TBC

**CLMBD Mini League Competition** 

TBC

**CLMBD Inter Club Swimming League** 

TBC

**CLMBD Age Group Championships** 

TBC

**Liverpool and District Swimming Championships 2024** 

TBC

**Cheshire County Age Groups and Championships 2024** 

TBC

Warrington Swimming and Water Polo Club Championships

In October each year the club holds a series of Club Championships in which any club member may enter.

#### **CLUB SWIMMING CHAMPIONSHIPS**

Saturday 28<sup>th</sup> September 2024 Orford Pool 4pm-6pm Saturday 12<sup>th</sup> October 2024 Orford Pool 4pm-6pm

CLUB PRESENTATION EVENING Saturday 16th November 2024 Venue and Time TBC

CLUB AGM
Sunday 17<sup>th</sup> November 2024 | !0.00am via ZOOM

To take part in a club swimming or water polo session, enter a swimming competition or to play in a competitive water polo match at any age or at any level of performance each individual must be properly registered and insured through the club by being a member of the club.

It is necessary for each individual to join the club by paying an annual membership fee and the annual registration fee to Swim England (Formerly ASA) the Governing Body for the sport in England. The Club Membership fee and the Swim England registration fee are both based on the age of the individual, and the level of performance. Being a member of the club provides access to both the swimming and the water polo sessions.

#### **Club Membership Fees 2024**

The annual club membership fees are due on 1st January each year and are set by the Committee. A **Senior Member** is a person who has passed their 18th birthday while a **Junior Member** is a person who is under the age of 18 years at the time of becoming a member.

### SENIOR / JUNIOR MEMBERSHIP £20.00 (free if paying by Direct Debit) PARENT/GUARDIAN/ASSOCIATE MEMBERSHIP £13.50

The Swim England Registration fee is set each year and the amount paid depends on the level of activity in the club. The Swim England Categories are as follows

Category 1 For swimmers who are in a learning programme or only compete at Club level in any discipline and not in an open competition. Included in Direct Debit

**Category 2** For swimmers of any age who compete in any discipline in open competitions. Included in Direct Debit

For all members of a club who are not in Category 1 or Category 2 including all helpers, teachers, coaches, parents or guardians and any other members who have voting rights in the club. Included in membership fee

#### **Session Fees 2024**

Category 3

In addition to the club membership fee, it is necessary to pay a session training fee for attendance at training sessions and water polo matches. Session fees can be monthly by Direct Debit or paid per session by Direct Debit each month via the Club membership system

Per session = £5 Juniors/Seniors
Direct Debit = £30 per month

#### SwimMark ACCREDITATION

SwimMark Accreditation 2023-2025 ESSENTIAL LEVEL

SwimMark is the Swim England recognition that a swimming club is "Fit for Purpose" and has in place approved operation and management systems. It is designed to provide the best possible support and environment for the principles of the Long Term Athlete Development programme (LTAD). It is designed to enable clubs to help athletes, teachers, coaches and administrators to achieve their full potential.

"SwimMark" is endorsed by Sport England and includes the Sport England Clubmark. A kite mark set across all sports. The club is currently SwimMark accredited at Essential Level. The present accreditation covers both swimming and water polo. The accreditation recognises the club has approved systems in place for Planning and Development, Governance, Athlete Pathway and Workforce Development.

#### Member's Insurance

All members of the club automatically have insurance cover by virtue of being a member of the club and being registered with the Swim England. The insurance is through Perkins Slade and the conditions are displayed on the Club notice board and website. All insurance enquiries should be made to the Club Treasurer.

#### **Club Policies**

The Warrington Swimming and Water Polo Club aims to teach swimming in a safe and child friendly environment, to develop children's water skills and introduce them to appropriate development and competitive pathways, we encourage young people volunteer in sport, so that swimming and its other disciplines provides a life-long skill that is fun and supports a healthy lifestyle.

For the safety of the children the Club aspires to all the principles of the Swim England codes of practice, including child safeguarding, ethics, equity and disability. Under the conditions of these policies all teachers, coaches, helpers, poolside staff and committee members are cleared for involvement with young children by a Disclosure Barring Service (DBS) check. The club complies with GDPR and the Club Data Privacy Notice is on the website

#### **Child Safequarding Policy**

The Warrington Swimming and Water Polo Club has a Child Safeguarding Policy in operation. A copy of the policy along with the other club policies is available on the club website

#### PROGRAMME OF EVENTS for 2024 Management Committee Meetings

The Committee normally meets on the second Thursday of each month with the exception of August, at 7-30pm via Zoom. Should you wish to join the Committee, please talk to a Committee member or attend one of the Committee meetings? Everyone who works for the Club is a volunteer & therefore any offer of help is always appreciated. The Annual General meeting is held in November.

#### **Management Committee Meeting Dates**

11th January 8th February 14th March 11th April 9th May

13th June 11th July 12th September 10th October 14th November

12th December

#### **Annual General Meeting**

Sunday 17th November

#### **Swimming and Water Polo Competitions**

The Warrington Swimming and Water Polo Club has a competitive element and enters a number of swimming and water polo leagues each year. The club participates in the CLMBD Swimming League and Age Group Championships, and the Merseyside Swim league. For water polo we play in a new M6 league, Liverpool and District, and Cheshire County Association competitions. If you are selected to represent the club in one of the galas, or water polo matches please make every effort to attend. If for any reason you are unable to attend, please contact the Team Manager in plenty of time so that a replacement can be brought in.

#### **Cheshire County Water Polo Tournaments**

Senior, Youth (16 under) and Academy (14 under)
Date to be arranged Europa Pool, Birkenhead

#### **Liverpool and District Water Polo Championships**

Men's and Women's tournament
Senior league
Academy (Under 15 mixed tournament
Youth (Under 17) league

See website for fixtures
See website for fixtures
See website for fixtures
See website for fixtures

#### M6 Water Polo League

Mini polo (Under 13) ko and league
Academy (Under 15) mixed league
Youth (Under 17) mixed league
Women's mixed age league
See website for fixtures
See website for fixtures